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Happenings in Fields of Bradford

May 2010

Donna J. Hahn

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Neighborhood Real Estate:

Homes currently active on the market in your Neighborhood with the MLS are:

Address	Bedrooms	Model	Bath	Price
792 Springbrook	4	Elliot	3	PCHG - \$271,900
1332 Farmstead	3		2.1	NEW - \$257,900
705 Stonebridge	3	Autumnview	2.1	PCHG - \$268,000
803 Springbrook	3	Fieldstone	2.1	NEW - \$271,900
1396 Waterside	3		2.1	NEW - \$288,999

Homes that are currently under contract in your Neighborhood with the MLS are:

Address	Bedrooms	Model	Baths	Price
716 Stonebridge	4		2.1	SS - \$199,900

Homes that have sold in the last month in your Neighborhood with the MLS are:

Address	Bedrooms	Model	Baths	Price
741 Autumn Dr.	4	Fieldstone	2.1	Call for Price

♥ My Listing

PC = Price Change, BOM = Back on Market, NEW = New Listing on Market, BO = Banked Owned, SS - Short Sale
F = Foreclosure, TEMP = Temporarily off the Market

Source Multiple Listing Service Of Northern Illinois - May 8th, 2010

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FIELDS OF BRADFORD ON FACEBOOK

I have created a Fields of Bradford Page where only residents can be members. I ask that you friend me (Donna Rathe Hahn) and I will invite you to become a member. This page is for residents to get post an item for sale or if you are looking to buy an item as for it here, if you have a service to provide or are looking for a provider get some recommendations. The ideas can be endless.

Also I have created a NEIGHBORHOOD WATCH GROUP PAGE, so again friend me and I will invite you.

Both pages are private so not everyone is receiving the information. I am always open for suggestions so please don't hesitate to contact me with your ideas. Get the word out, the more residents the better it will work. If you would also like to receive my weekly market updates of what is going on in the subdivision in regards to homes for sale or closed send me an email requesting to be added to the email list. I hope that you will find these pages helpful and informative.

Mark your Calendars for MAY 21, & 22, 8:00 am - 3:00 pm for the Somerfield, Fields of Bradford, & Southgate Park Garage Sales. Check out over 20 homes that are participating in this event!



Eric Hamilton

Phone: (630) 728-7918

Fax: (630) 375-5862

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Areas of Practice

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Green power makes lawn and garden care more eco-friendly

When the sun shines on a beautiful summer day, it's easy to gauge how important our yards are. Take a walk around your neighborhood and you'll likely see a majority of your neighbors out mowing lawns, pulling weeds, cutting flowers and more. And once the work of maintaining the yard is done, it becomes the scene of garden parties, backyard barbeques and games like bocce and croquet.

The amount of time that we spend in our yards also tells us something about how we value nature and the environment. If you're taking the time to meticulously care for your lawn and garden, it makes sense to do so in an eco-friendly way.

When you use green power to care for your lawn and garden, not only will you be watching out for yourself, your family and your pets, you'll be doing good for the environment by using methods and products that are gentle on the Earth. Plus, you'll be popular with your neighbors - your yard will be in perfect shape without the annoyances of noisy equipment and harsh fumes.

Here are some eco-conscious tips to keep in mind as you care for your lawn and garden throughout the summer.

* Mow with low emissions. The costs of mowing a big lawn with a conventional lawnmower are high, both on your pocketbook and the environment, but it's a job that needs to be tackled with the help of a mower.

In the past, using a more environmentally friendly mower would have meant dealing with the cord tangles and tugging that go along with keeping an electric version plugged in or the tedium of pushing a reel mower by hand. Luckily, the Recharge Mower combines the best of both worlds: a full-size, cordless mower with no emissions and which requires no gas or oil because it is electric and fully rechargeable. Because it has hand operated controls rather

than confusing gear shifters, it makes lawn care easy. For more information, go to www.rechargemower.com.

* Use green power instead of gas power. Tackling the other trimming jobs in the garden, other than just mowing, often leads to people pulling out gas-guzzling, oil-burning tools that are so noisy you need to wear protective headphones while using them. They add to the clutter in your garage with environmentally unsound canisters of oil and gas, and turn those fluids to noxious fumes when used.

Instead of revving up a noisy, harmful engine when it's time to trim hedges, consider using a rechargeable lithium-ion battery powered tool. They're cordless, which makes maneuvering between plants easier, plus they recharge quickly and can be stored for long periods of time without losing their charge.

* Plant organic, grow organic. If, like so many other people, you're choosing to grow vegetables and fruits in your yard, look for seeds or starters that have been organically produced and grown. By doing that, you'll be starting out with plants that have a minimum of pesticides and chemicals in them - then it's up to you to keep the theme going. Choose plant foods and treatments, along with pest repellents, that are organic - look for certification from independent agencies like OMRI, the Organic Materials Review Institute.

With the world's environmental consciousness expanding more and more, it's easier than ever to find natural, organic and eco-friendly garden and yard solutions. And when you choose to trim your lawn and plants with an environmentally friendly mower or power tools, and use organic plant care, you'll be giving back to the environment that you value so much.

Source: <http://helloelizabethtownftknox.com/tls/?action=article&itemId=3756>

Beat the heat: Tips for keeping your family safe and healthy this summer

The smell of the barbecue grill, the sounds of children playing and the feel of warm sun on the skin are all signs of summer. With increased outdoor activities, there also comes a list of precautions you should take to keep your family safe and healthy.

'We know women are usually the caretakers of the family,' says Elizabeth Battaglini Cahill, a registered nurse and executive director of HealthyWomen. 'Summer brings lots of great opportunities for family fun, but also requires some special planning to keep kids and adults safe and healthy in the sun and heat.'

Limit sun exposure

Because exposure to the sun causes most of the skin changes associated with aging, protecting the skin from the sun is the single most important skin care practice you can adopt and impart to your children. Significant exposure to the sun will wrinkle and dry the skin. Uneven pigmentation - from freckles to small or large brown spots - is another side effect of frequent sunning.

The most serious consequence of sun exposure is skin cancer. Most sun damage occurs before age 18, but skin cancer can take up to 20 or more years to develop.

Children who experience just a few serious sunburns are believed to have an increased risk of developing skin cancer later in life. Protect children by applying sunscreen at least an hour before heading outside and frequently reapplying sunscreen with an SPF of at least 15. Also have them play in the shade and wear protective clothing. Babies younger than 6 months should never be in direct sunlight and should always wear a hat and clothing that protects them from the sun's ultraviolet (UV) rays.

Keep an eye on your vision health

Wear sunglasses and a wide-brimmed hat when you're in the sun. These two simple steps can reduce your exposure to eye-damaging UV rays up to 18-fold. And, if you wear contacts, ask your eye care specialist about contact lenses with UV protection. Don't forget your children and their eyes. If you are going to be in the sun, make sure your children are wearing hats that provide coverage. Use your stroller hood when out for a walk and pay attention to the sun's direction. When out for a walk with your stroller, try to walk so that the sun hits your back. You may also want to consider purchasing children's sunglasses.

Practice water safety

Before you start splashing, remember safety first. Take the time to enroll your kids in swim instruction classes, and teach your children to take precautions before diving into the water. Make sure to read the safety and warning labels on all children's toys, inner tubes and water wings so that you understand their safety capabilities. And remember to reapply sunscreen every few hours after being in the water.

Avoid foods exposed to excess heat

During the summer months, many people enjoy going for a picnic. Before packing your basket this summer, think about how long your food will be exposed to the outdoors. Avoid packing meat, dairy and egg products that may spoil if not kept cold. If you decide to bring these types of food products, pack them separate from each other in a cooler, and keep the ice in a sealed container to avoid a soggy sandwich.

Stay hydrated

Increase fluid intake as appropriate based on the weather. High temperatures or humidity outside, heated indoor air and high altitudes all cause you to need more fluids. When exercising, drink one cup of fluids every 15 minutes, advises Dr. Werner W.K. Hoeger, a fellow of the American College of Sports Medicine and director of the Human Performance Laboratory at Boise State University.

Add more for big events. If you're going to be in a race or charity walk, make sure you drink enough to be well hydrated the day before, Hoeger adds. Also, drink a glass of fluid, such as water or a sports drink, an hour before the event.

Watch out for overheating in vehicles

Even on a relatively mild day, the temperature inside your vehicle can quickly escalate. These temperatures can put both children and pets at risk for heat stroke, dehydration and even death. Never leave your child or pet unattended inside your car, even to run a quick errand.

For your sun safety checklist, visit www.HealthyWomen.org/summersafety. For other health and wellness information, visit www.HealthyWomen.org.

Source: <http://helloelizabethtownftknox.com/tls/?action=article&itemId=3756>

Do you have a Buyer for these Homes?



Somerfield—787 Sapphire Dr. - Durham Model - REDUCED PRICE \$294,918 - for more details, virtual tour and photos go to: <http://787sapphiredr.ePropertySites.com>

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Somerfield - 1412 Waterside - Monticello Model: priced reduced \$399,000 - for more details, virtual tour and photos go to: <http://1412watersidedr.ePropertySites.com>



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3810 Adesso, Joliet - Priced at only \$199,900 - for more details, virtual tour and photos go to: <http://3810adessolane.ePropertySites.com>

Also check out 1482 Glenside Dr. Somerfield - Short Sale - for more details, virtual tour and photos go to: <http://1482glensidedr.ePropertySites.com>

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